



What to Bring

- **A Bible**
- A change of clothes for each day- laundry facilities are not accessible.
- Modest shorts are fine, jeans or long pants are necessary for activities (*example: horseback riding, motorcycle riding*).
- No short-shorts, miniskirts, or tank tops. (Modest dress is essential)
- Sleepwear
- Jacket or windbreaker
- Rain-gear (poncho or slicker)
- Hat (for sun protection)
- Sunscreen, lip balm & insect repellent
- Toiletries
 - *soap, shampoo, deodorant, comb & brush, toothbrush & toothpaste*
- Flip flops or water shoes for the shower
- Bedding for a twin bed or sleeping bag
- Pillow
- Wash cloths and towels
- Good walking shoes (tennis shoes)
- Flashlight
- Alarm clock (*counselors and sponsors only*)
- Extra set of night clothes and waterproof mattress cover if incontinence is a problem.
- If camper will be participating in the talent show, be sure to have them bring their accompaniment CD.

Medications

- All medication must be brought in a container or zipper bag with their name, times & instructions for taking the medication. Please ensure that all information is clearly printed.

Food

- All meals are included in the registration fee. Each camper will also be given tickets to "spend", but it is not necessary to send additional money. **No food is permitted in sleeping areas.**